

## STARTERS

|                                                                                                                  |       |
|------------------------------------------------------------------------------------------------------------------|-------|
| TANDOORI MIX STARTER .....                                                                                       | £6.95 |
| CHICKEN OR LAMB TIKKA PUREE .....                                                                                | £5.95 |
| ONION BHAJI .....                                                                                                | £4.10 |
| ALOO CHAT .....                                                                                                  | £3.50 |
| CHICKEN SHAZMIN .....                                                                                            | £6.50 |
| <i>Pan cakes stuffed with spiced chicken cooked to our chef's own recipe</i>                                     |       |
| LAMB SHAKIL .....                                                                                                | £6.50 |
| <i>Pan cakes stuffed with spiced minced lamb cooked to our chefs own recipe</i>                                  |       |
| SAMOSA (Meat or Vegetable) .....                                                                                 | £3.95 |
| CHICKEN CHAT .....                                                                                               | £4.95 |
| CHICKEN PAKROA .....                                                                                             | £5.95 |
| ALOO PAKORA.....                                                                                                 | £5.50 |
| CHICKEN TIKKA OR LAMB TIKKA .....                                                                                | £5.50 |
| MURG PEPPER .....                                                                                                | £5.95 |
| <i>(Capsicum stuffed with chicken, deep fried covered with paste)</i>                                            |       |
| PRAWN PURE .....                                                                                                 | £5.50 |
| KING PRAWN PUREE .....                                                                                           | £6.95 |
| KING PRAWN BUTTERFLY .....                                                                                       | £6.50 |
| TANDOORI CHICKEN .....                                                                                           | £4.95 |
| SHEEK KEBAB .....                                                                                                | £4.95 |
| TANDOORI FISH TIKKA .....                                                                                        | £7.95 |
| KAKRA .....                                                                                                      | £6.95 |
| <i>(Crab) Medium spiced, highly flavoured with coriander seeds. Served with salad)</i>                           |       |
| MURUG NAZAKAT .....                                                                                              | £6.50 |
| <i>(Chicken marinated with garlic paste cooked in clay oven. Served with salad and chef's own special sauce)</i> |       |
| MURUG LIVER .....                                                                                                | £6.50 |

## TANDOORI SPECIALITIES

|                                                                                           |        |
|-------------------------------------------------------------------------------------------|--------|
| TANDOORI CHICKEN (HALF) .....                                                             | £8.50  |
| TANDOORI KING PRAWN.....                                                                  | £14.95 |
| TANDOORI MIXED GRILL (NAN).....                                                           | £14.95 |
| CHICKEN OR LAMB TIKKA .....                                                               | £9.95  |
| CHICKEN OR LAMB SHASLICK .....                                                            | £10.95 |
| <i>Pieces of marinated chicken and lamb skewered with onions capsicum &amp; tomatoes.</i> |        |

## CHEF'S SPECIALITIES

|                                                                                                                                                                    |        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| NAGA BHUNA CHICKEN OR LAMB <i>New</i> .....                                                                                                                        | £10.95 |
| <i>Bangladesh Naga Chillies, vindaloo strength</i>                                                                                                                 |        |
| CHICKEN MUJADAR <i>New</i> .....                                                                                                                                   | £10.95 |
| <i>Chef's own recipe, fresh onion, red pepper</i>                                                                                                                  |        |
| ADHRAKI CHICKEN OR LAMB <i>New</i> .....                                                                                                                           | £10.95 |
| <i>Chef's own recipe ginger</i>                                                                                                                                    |        |
| BR KALAMI CHICKEN OR LAMB TIKKA <i>New</i> .....                                                                                                                   | £14.50 |
| <i>Fried onion, fried capsicum, naga pickle, tomato ketchup and chef's own recipe, come with cheese nan.</i>                                                       |        |
| PALAK HARI CHICKEN OR LAMB <i>New</i> .....                                                                                                                        | £10.95 |
| <i>Spinach cooked with chef's own recipe</i>                                                                                                                       |        |
| KING PRAWN MALABA <i>New</i> .....                                                                                                                                 | £14.95 |
| <i>Almond, coconut cooked with chef's own recipe</i>                                                                                                               |        |
| LE SPICE SPECIAL CHICKEN OR LAMB .....                                                                                                                             | £10.95 |
| <i>Pieces of chicken or lamb cooked with almonds, cashew nuts, mango pulp &amp; cream</i>                                                                          |        |
| CHICKEN OR LAMB AMDANI.....                                                                                                                                        | £10.95 |
| <i>Pieces of chicken or lamb cooked with almonds, cashew nuts with mix fruit</i>                                                                                   |        |
| CHICKEN OR LAMB PASANDA .....                                                                                                                                      | £10.95 |
| <i>Mild spiced tikka cooked in creamy sauce and garnished with pistachio and almond</i>                                                                            |        |
| BUTTER CHICKEN OR LAMB TIKKA .....                                                                                                                                 | £10.95 |
| <i>Boneless chicken or lamb tikka pieces cooked in mild spices with almond &amp; butter</i>                                                                        |        |
| TANDOORI KING PRAWN PASANDA.....                                                                                                                                   | £14.95 |
| <i>Mild spiced king prawns cooked in creamy sauce and garnished with pistachio &amp; almond</i>                                                                    |        |
| CHICKEN OR LAMB HONEY.....                                                                                                                                         | £10.95 |
| <i>cooked in mild spices and flavoured with almonds and honey on top</i>                                                                                           |        |
| LAMB BATHASHI.....                                                                                                                                                 | £10.95 |
| <i>Lamb tikka medium spiced cooked with brandy and vegetables</i>                                                                                                  |        |
| CHICKEN OR LAMB MAKHANI.....                                                                                                                                       | £10.95 |
| <i>Chicken or lamb pieces served with special creamy sauce</i>                                                                                                     |        |
| CHICKEN OR LAMB TIKKA KORAI.....                                                                                                                                   | £10.95 |
| <i>Chicken or lamb tikka marinated in spices and grilled in a traditional charcoal tandoor then cooked in curry sauce with oriental herbs, spices and tomatoes</i> |        |
| KING PRAWN ZAFRAN .....                                                                                                                                            | £15.95 |
| <i>King Prawns on shall cooked in medium spiced. Served with pilau rice.</i>                                                                                       |        |
| TANDOORI KING PRAWN KORAI .....                                                                                                                                    | £13.95 |
| <i>Barbecued in tandoori clay oven and cooked in curry sauce with oriental herbs &amp; spices</i>                                                                  |        |
| CHICKEN OR LAMB SHAZANI .....                                                                                                                                      | £10.95 |
| <i>Cooked in medium spicy sauce with onions &amp; pepper, garnished with tomato &amp; lettuce</i>                                                                  |        |
| BADAMI CHICKEN OR LAMB TIKKA .....                                                                                                                                 | £10.95 |
| <i>Sliced tikka cooked in creamy sauce and garnished with sliced cashew &amp; almond</i>                                                                           |        |
| CHICKEN OR LAMB TIKKA GARLIC.....                                                                                                                                  | £10.95 |
| <i>Cooked in rich spices with plenty of garlic and onions to give this dish extra ordinary flavour</i>                                                             |        |
| CHICKEN OR LAMB TIKKA JALFREZI .....                                                                                                                               | £10.95 |
| <i>Cooked in a hot spicy sauce madras strength with fresh green chillies</i>                                                                                       |        |
| KING PRAWN JALFREZI.....                                                                                                                                           | £14.95 |
| <i>King prawn cooked in a hot spicy sauce madras strength with fresh green chillies</i>                                                                            |        |
| MURGH RUSHAN JALL .....                                                                                                                                            | £10.95 |
| <i>Chicken curry made with onions, ginger, green chillies &amp; coriander garnished with fried garlic</i>                                                          |        |
| MURGH ANHARI .....                                                                                                                                                 | £10.95 |
| <i>The unique chicken dish is made with spicy mango chutney &amp; spicy</i>                                                                                        |        |
| CHICKEN TIKKA GARLIC CHILLI.....                                                                                                                                   | £10.95 |

## MASALA DISHES

|                                                                                                      |        |
|------------------------------------------------------------------------------------------------------|--------|
| CHICKEN OR LAMB TIKKA MASALA .....                                                                   | £10.95 |
| <i>Barbecued tender chicken or lamb tikka pieces cooked in a speciality prepared flavoured sauce</i> |        |
| TANDOORI KING PRAWN MASALA.....                                                                      | £15.95 |
| <i>King Prawns roasted in tandoor and cooked in a speciality prepared delicious flavoured sauce</i>  |        |
| MIX VEGETABLE MASALA.....                                                                            | £8.95  |

## PATIA

Patia is a medium hot dish very popular in our homeland

|                             |        |
|-----------------------------|--------|
| CHICKEN OR LAMB PATIA ..... | £9.95  |
| PRAWN PATIA .....           | £9.95  |
| KING PRAWN PATIA.....       | £14.95 |

## DANSAK

Dansak is a sweet and sour dish cooked with lentils (Hot)

|                                    |        |
|------------------------------------|--------|
| CHICKEN OR LAMB DANSAK.....        | £9.95  |
| CHICKEN OR LAMB TIKKA DANSAK ..... | £9.95  |
| PRAWN DANSAK .....                 | £10.95 |
| KING PRAWN DANSAK.....             | £14.95 |
| VEGETABLE DANSAK .....             | £8.50  |

## CHICKEN OR LAMB DISHES

|                                                                                                           |       |
|-----------------------------------------------------------------------------------------------------------|-------|
| CHICKEN OR LAMB CURRY .....                                                                               | £9.95 |
| CHICKEN OR LAMB KURMA .....                                                                               | £9.95 |
| <i>Chicken or lamb pieces cooked in mild spices and flavoured with almonds and fresh cream</i>            |       |
| CHICKEN OR LAMB DUPIAZA.....                                                                              | £9.95 |
| <i>Medium spiced chicken or lamb cooked with onions tomatoes &amp; green pepper</i>                       |       |
| CHICKEN OR LAMB ROGAN .....                                                                               | £9.95 |
| <i>Pieces of chicken or lamb cooked in rich spicy sauce with tomatoes &amp; green pepper</i>              |       |
| CHICKEN OR LAMB JALFREZI .....                                                                            | £9.95 |
| <i>Chicken or lamb cooked in hot spicy sauce madras strength with green chillies</i>                      |       |
| CHICKEN OR LAMB BHUNA .....                                                                               | £9.95 |
| <i>Chicken or lamb pieces cooked in spices and served with speciality prepared thick sauce fairly dry</i> |       |
| CHICKEN OR LAMB SAG .....                                                                                 | £9.95 |
| <i>Chicken or Lamb cooked with spinach in slightly spiced sauce</i>                                       |       |
| CHICKEN OR LAMB MADRAS OR VINDALOO...£9.95                                                                |       |

## SEA FOOD

|                                                                                |        |
|--------------------------------------------------------------------------------|--------|
| PRAWN KURMA <i>Mild spiced prawns cooked with cream &amp; yoghurt</i> ..£10.95 |        |
| PRAWN MADRAS/ VINDALOO.....£10.95                                              |        |
| <i>(Prawns cooked in fairly hot spicy sauce)</i>                               |        |
| PRAWN SAG .....                                                                | £10.95 |
| <i>(Prawns cooked with spinach with lightly spiced sauce)</i>                  |        |
| PRAWN BHOONA.....                                                              | £10.95 |
| <i>Prawns cooked in spices and served with thick sauce fairly dry</i>          |        |
| KING PRAWN KURMA.....                                                          | £13.95 |
| <i>Mild spiced king prawns cooked with cream and yoghurt</i>                   |        |
| KING PRAWN MADRAS/VINDALOO .....                                               | £13.95 |
| <i>(King Prawns cooked in spicy sauce)</i>                                     |        |
| KING PRAWN BHUNA.....                                                          | £13.95 |
| <i>King Prawns cooked in spices served with thick sauce fairly dry</i>         |        |
| KING PRAWN SAG .....                                                           | £13.95 |
| <i>King prawns cooked with spinach with slightly spiced sauce</i>              |        |

## BIRYANI DISHES

|                                                                                                    |        |
|----------------------------------------------------------------------------------------------------|--------|
| CHICKEN OR LAMB BIRYANI .....                                                                      | £10.95 |
| <i>Saffron flavoured rice cooked with spiced chicken or lamb &amp; served with vegetable curry</i> |        |
| KING PRAWN BIRYANI .....                                                                           | £15.95 |
| PRAWN BIRYANI .....                                                                                | £11.95 |
| CHICKEN OR LAMB TIKKA BIRYANI .....                                                                | £11.95 |
| LE SPICE MIX BIRYANI <i>Chicken lamb and prawn</i> .....                                           | £12.95 |
| VEGETABLE BIRYANI .....                                                                            | £9.50  |

## FRESH VEGETABLE DISHES

|                                                             |       |
|-------------------------------------------------------------|-------|
| SAG PANEER OR MUTTER PANEER <i>(Cottage cheese)</i> ..£4.25 |       |
| MIX VEGETABLE CURRY.....£4.25                               |       |
| ALOO GOBI <i>(Potatoes and cauliflower)</i> .....£4.25      |       |
| MUSHROOM BHAJI .....                                        | £4.25 |
| BOMBAY ALOO <i>(Potatoes)</i> .....                         | £4.25 |
| SAG BHAJI <i>(Spinach)</i> .....                            | £4.25 |
| SAG ALOO <i>(Spinach and potatoes)</i> .....                | £4.25 |
| BINDI BHAJI <i>(Okra)</i> .....                             | £4.25 |
| BRINJAL BHAJI <i>(Aubergine)</i> .....                      | £4.25 |
| TARKA DALL <i>(Lentils)</i> .....                           | £4.25 |
| GARLIC MUSHROOM .....                                       | £4.25 |
| CHANA MASALA <i>(Chick peas)</i> .....£4.25                 |       |
| COURGETTE BHAJI.....£4.25                                   |       |

## NEW DISHES

|                             |        |
|-----------------------------|--------|
| PANEER TIKKA .....          | £8.95  |
| PANEER TIKKA SHAHLICK ..... | £9.95  |
| PANEER TIKKA MASSALA .....  | £9.95  |
| SALMON TIKKA .....          | £12.95 |

## BALTI DISHES

Balti dishes are home style cooking prepared in a wok with combination of herbs and spices that makes this dish very exciting and popular, garnished with tomatoes and coriander & served with nan bread

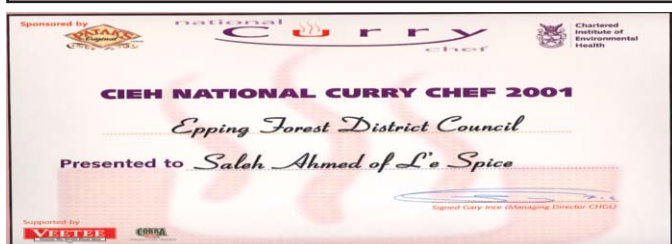
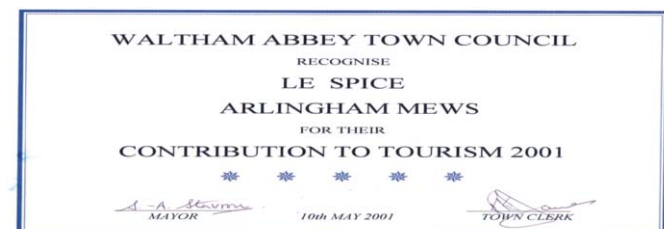
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|-------------------------------------------------|--------|
| BALTI CHICKEN OR LAMB .....                     | £10.95 |
| BALTI CHICKEN OR LAMB TIKKA .....               | £11.95 |
| BALTI PRAWN .....                               | £13.95 |
| BALTI KING PRAWN .....                          | £16.95 |
| BALTI CHICKEN TIKKA JALFREZI .....              | £11.95 |
| BALTI LAMB TIKKA JALFREZI .....                 | £11.95 |
| LE SPICE BALTI MIX (Chicken & lamb tikka) ..... | £13.95 |

## RICE

|                          |       |
|--------------------------|-------|
| BOILED RICE .....        | £3.50 |
| PULAU RICE .....         | £3.95 |
| SPECIAL FRIED RICE ..... | £4.25 |
| KEEMA RICE .....         | £4.25 |
| MUSHROOM RICE .....      | £4.25 |
| VEGETABLE RICE .....     | £4.25 |
| LEMON RICE .....         | £4.25 |
| COCONUT RICE .....       | £4.25 |

## SUNDRIES

|                                 |       |
|---------------------------------|-------|
| NAN .....                       | £3.50 |
| KEEMA NAN .....                 | £3.95 |
| CHEESE NAN .....                | £3.95 |
| PESHWARI NAN .....              | £3.95 |
| GARLIC NAN .....                | £3.95 |
| VEGETABLE NAN .....             | £3.95 |
| TANDOORI ROTI .....             | £3.95 |
| CHAPATI .....                   | £2.95 |
| PARATHA .....                   | £3.95 |
| STUFFED PARATHA .....           | £3.95 |
| MIX RAITHA .....                | £2.50 |
| PARADUMS (Plain or spicy) ..... | £1.00 |
| PICKLES .....                   | £1.00 |
| CHUTNEYS .....                  | £1.00 |



## Private Parties Welcome

**Allergy awareness:** If you have any dietary restrictions, eg. Nuts, dairy products, etc. please inform us.

All major credit cards accepted.

Cheques accepted with valid bankers card.



The management reserves the right to refuse service without giving any reason.

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# Le Spice

**AWARD  
WINNING  
CHEF**

**YEAR  
2001/2002**

*The Finest Exclusive  
Indian & Bangladeshi Cuisine in Town*

Fully licensed & Air conditioned

## Quality Guaranteed



## FREE HOME DELIVERY

for orders over £12 within 4 mile radius

## 10% DISCOUNT

on collection orders over £15

**EAT  
AS  
MUCH  
AS  
YOU  
LIKE**

## Le Spice Sunday Buffet

**3 STARTER, 3 MAIN COURSE,  
3 SIDE DISHES, 3 SUNDRIES,  
Adult £14.95 - Child £6.95  
1.00pm to 10.30pm**

1 Arlingham Mews, Sun Street,  
Waltham Abbey, Essex. EN9 1ED.

**[www.lespicecuisine.co.uk](http://www.lespicecuisine.co.uk)**

**Tuesday  
Banqueting  
Night**

**STARTER, MAIN DISH,  
SIDE DISH, RICE OR  
NAN & COFFEE OR TEA.  
£17.95 per person  
King Prawn or Fish Extra £3.95**

**TELEPHONE:**

**01992 768016 / 700726**

**Open seven days a week including Bank holidays**

**Mon-Thurs: 5.00pm to 11.00pm**

**Fri-Sat: 5.00pm to 11.00pm**

**Sunday: 1.00pm to 10.30pm**

**We do not use artificial colour on our food.**